



The Crusader Connection

May 8, 2009



SCA SUMMER CAMP

Summer Camp is fast approaching and there are limited spaces available. Registration for Summer Camp is separate from registration for next school year. Don't miss out, there are a lot of exciting activities planned. Please go to SCAcrusaders.com to see a calendar of activities and download camp registration forms. This information is also available at the school office. If you need any additional information please call 626-0001 ext 228 or email rweaver@scacrusaders.com. Don't miss out on a fun filled summer.

LUNCH CHARGES

As of Friday May 8th, the students will no longer be allowed to charge lunches. Please be sure to clear up any lunch charges your child may have incurred as soon as possible.



SECONDARY AWARDS

Grades 6th thru 12th will have their awards ceremony on Wednesday, May 13th at 8:45 am in the Chapel. Parents are welcome to attend.

FINE ARTS BANQUET

May 16th @ 6:00 pm, tickets are \$10.00 each. Dinner will be catered by Olive Garden. Tickets on sale in the office.

UPCOMING DATES

May 9&11	Drama Production 7:00 pm
May 12	Uniform Sale for Next Year 2:30-7:00 pm
May 13	Secondary Awards Chapel 8:45 am
May 15	Jr/Sr Banquet 6:15 (appetizers & pictures) Banquet begins at 7:00 pm
May 16	Fine Arts Banquet 6:00 pm
May 18-21	Exams/Half Days
May 19	K5 Graduation 7:00 pm
May 20	Elementary Awards 3rd-5th 8:30-9:45 am 1st-2nd 10:15-11:15 am
May 21	High School Graduation 7:00 pm
June 1	Summer Camp Begins



HEALTH INFORMATION

All children and staff should practice good hygiene, such as sneezing or coughing into a tissue or sleeve. Hands should be washed thoroughly for at least 15 seconds and should be kept away from eyes, nose and mouth to avoid getting sick. If your child has any Flu symptoms, the child should be seen by a doctor and should not attend school while the symptoms persist. There have been no confirmed cases of the recent flu in Florida, but if you have any questions you may call the Hillsborough County Health Department at (813) 307-8010 or visit the Centers for Disease Control website at www.cdc.gov.

ACCOUNTS CLEARED BEFORE REPORT CARDS RELEASED OR EXAMS TAKEN

All school accounts (library, lunch, tuition, sports fees etc...) must be cleared before report cards can be released or exams can be taken. If you have any questions on amounts due, please contact Gloria @ gguy@scacrusaders.com or 626-0001 ext. 220.



SCA DRAMA PRESENTS LES MISÉRABLES

**Saturday, May 9th &
Monday, May 12th
7:00 P.M.
SCA Gymnasium
\$5.00 Per Person**

Tickets will be on sale at the front doors.

Please visit our website @ www.SCAcrusaders.com for additional information.

Lunch Menu

May 11-May 15

Pre-School \$2.75
Elementary \$3.50
Secondary \$3.75



Monday

Hot Dog
Chips
Fruit
Drink

Tuesday

Mac & Cheese
Peas
Fruit
Drink

Wednesday

Lasagna
Salad
Roll
Fruit
Drink

Thursday

Chicken Sandwich
Chips
Fruit
Drink

Friday

Pizza
Chips
Ice Cream
Drink

The following are also available daily:

Salad

Ham & Cheese Sandwich,
Chips, Dessert,
Drink

Chicken Strip
Wrap, Chips,
Dessert, Drink

PBJ Uncrustable,
Chips, Dessert,
Drink

LIBRARY NEWS

SCA has the best parents and grandparents!!!! THANKS TO ALL WHO HELPED MAKE OUR "AR" PARTY SO SUCCESSFUL!! Two hundred first through fifth graders enjoyed sundaes, snowcones, popcorn, face-painting, inflatables and lots of games last Thursday in the gym as a reward for reading throughout the school year. I could not do this without the help of volunteers, and each of you was amazing! By the time I dismissed the last class and turned around, you had the place cleaned up! Thanks for a wonderful job!!

I am looking forward to once again having a summer reading program for our students. Continued reading throughout the summer months is imperative to prepare students for returning to school in the fall. The library will be open throughout the summer on Thursdays from 10 a.m. to 1 p.m. Details are still being worked out, and more information will follow.

Please continue to save your Box Tops for Education and Campbell soup labels for our library. You may send them in at any time, or save them throughout the summer. Our next mailing will be in October. Thanks for your support!

This Friday, May 1st is the **last day to check out books** for this school year. **All items need to be returned by May 15th and all accounts need to be cleared. End of the year report cards will be held until books are returned and fees are paid. I must have everything returned by May 15th in order to run an accurate inventory. Your help is appreciated.**



SCA 2009 CHORUS AND DRAMA CAMP

Chorus and Drama camp will be July 6-10 from 10:00-12:00 each day. The cost is \$50 per camper, with a \$25 non-refundable deposit due with registration. You must be going into 6th thru 9th grade next school year to attend. For more information, please pick up a registration form from the front office or email Mr. Skiles at kskiles@scacrusaders.com.

UNIFORM SALE

Educational Outfitters will be on campus on May 12th from 2:30-7:00 in the school cafeteria. Stop by to get your uniforms for next year at 10% off regular prices.



MEDICAL UPDATES

All students going into 7th grade for the 2009-2010 school year will need to update their immunization records. All 7th grade students need to have the Hepatitis B series, and they will need a **Tdap** Booster. Please check with your physician to be sure that students are up to date. Students will not be allowed to start school unless immunizations are current.

Students entering K5 will need to have an updated immunization records and a new physical, also all students entering K5 & 1st grade are now required to have a 2nd chicken pox shot.

Parents you may also want to check with your physician about a new Meningitis vaccination that has been made available.

**You Are Invited To
Seffner Christian Academy's
Volunteer Appreciation Brunch**

**Date: Thursday, 5-14-09
Time: 10:00 AM**

Place: Gym Mezzanine

**Please join us for a morning of
fellowship and an opportunity for us to
thank you for all you do to help make
SCA special.**

RSVP to dbsaunders@scacrusaders.com

SCA ATHLETIC SCHEDULES & INFORMATION

BOYS BASKETBALL SKILLS CAMP JUNE 29 – JULY 2



All boys in 6th thru 11th grade who are planning to play basketball next year are expected to attend our 4th annual Boys Skills Camp at SCA on June 29 – July 2. The camp will go from Monday thru Thursday from 9-3. We will inform the players of the cost at a later date. If you have any questions, please contact Mr. Duncan.

ANNOUNCEMENTS FROM THE ATHLETIC DIRECTORS OFFICE

-All Baseball and Softball players must turn in their uniforms to Mr. Holmes by the end of the school year to receive their report cards

-Mr. Fawbush will be taking over the Varsity Softball program again. There will be practices and summer camps that all girls interested in playing next year need to attend:

Practices:

May 26 4:00-5:30

May 28 6:00-8:00

June 16 4:00-5:30

June 23 6:00-8:00

July 7 6:00-8:00

Camps:

June 3rd and 4th 9:00-12:00 \$40

July 15 and 16 9:00-12:30 \$40

The camp is required for all girls planning on trying out next year, but they only need to pay for one camp

-Special thanks to all those involved in making the Sports Banquet a success:

Mr. Lucier and SCA Champs! For planning the food portion of the event and for painting the gym lobby the night before
Betha Cock- Decorations

Mrs. Price- Slide Show Presentation

Ron Duncan- Sound

Lindon Richardson and Outback Steakhouse for the great food!

ADVANCED TRAINING FOR SCA ATHLETES

This summer, Coach Lewis will be making available to SCA athletes some advanced instruction in strength, speed, and athletic performance. Both boys and girls are welcome to sign up. Two groups of athletes will be taught three days per week for a total of seven weeks. Each group will consist of six athletes and the sessions will be 90 minutes in length. A small portion of one workout per week will be spent talking about nutrition, dietary supplements, rest, sleep, and “athletic wellness.” It is recommended that in order to maximize the training effect and potential results that each participant commits to at least four consecutive weeks of instruction. These training sessions are not the same as the general strength training program that we conduct in the summer. Think of this advanced work as “personal training but on a small-group level. The cost for this instruction will be \$60 per week per athlete, payable in advance each Thursday for the upcoming week. Please see the schedule below for dates of instruction and daily times.

June 8,9,11,15,16,18,22,23,25 & July 6,7,9,13,14,16,20,21,23,27,28,30

Morning session of 6 athletes: 10:30-12:00

Afternoon session of 6 athletes: 3:15-4:45



Features of the Advanced Training Program:

- Individualized instruction with a more intensified focus
- Personal evaluation of speed, quickness, agility, flexibility, vertical jump and endurance
- Instruction on how to “maintain” what is acquired and things to do at home
- Visiting lectures and demonstrations by local strength coaches and for student athletes of Coach Lewis
- An in-depth look at nutritional supplements, what to avoid, and what to concentrate on regarding diet

INFORMATION FROM THE GUIDANCE OFFICE

Summer Opportunities for High School Students:

Summer Camps and Programs

Mrs. Everitt has a list of summer camps and programs for High school and middle school students. If you are interested, please stop by the guidance office.

Summer Driver Education Course @ Plant City High School

- June 8 - June 23 2009 (Mon - Thurs 1:00 pm - 5:00 pm)
- 15 years old and older
- must have learner's permit prior to first day of class
- Cost: \$250. 00
- Registration dates: April 14- May 18 5:30 pm - 8:00pm
- Upon completion of the course, students will earn a waiver to obtain an operator's license from the DMV
- Call Plant City Adult and Community School for more info. 813-707-7147
- Informational flyers available outside the guidance office

Scholarship Corner: None this week.

PARENTING TIPS:

From the Biblical Parenting Organization: www.biblicalparenting.org

Should You Give Rewards Equally?

Rewards can be helpful at times to encourage growth in character. If you have a daughter who continually interrupts, you may focus on the character quality of thoughtfulness. You may set up an alternative behavior so that whenever she feels like interrupting, instead of just talking, she puts her hand on your arm as a signal that she wants to talk. You might then put your hand on her hand indicating that you have "heard" her and that you will allow her to speak in just a moment. It's a great technique to teach thoughtfulness. What if the child is still having a hard time not interrupting? You may try a reward to raise the stakes for your daughter and get her over the initial hump to learn a new pattern.

Be sure though as you work with habits of behavior like this you're also talking about the heart. "I appreciate the way you're becoming more thoughtful." Or, "We're doing this to develop some self control in your relationships."

Sometimes parents struggle because when they reward one child, they feel they need to reward all their children. Should you reward one child when you don't reward the other? This thought comes from the belief that fair means equal. Children often point out what they view to be inequity in a situation and call that unfair. But children are all unique. Each child has different strengths and weaknesses, and should be treated uniquely. Parents get into real trouble when they try to treat all their kids equally.

Teach your children that you don't even try to treat them the same. If a brother sees his sister receiving a reward, and he wants one too, then you might say, "Your sister is working on something in her life and the reward is for her progress and effort. If you want to work on a character quality in your life, let me know and I'll think of a reward for you too." Don't be motivated by the "It's not fair" complaint. That's just an indication that children don't understand what fairness really is.

Fairness treats all children according to their needs, which usually isn't equal. Each child needs to feel loved and cared for. Each child needs to work on particular issues. Focus on each of your children as individuals and reward them according to their needs.