



# The Crusader Connection

May 15, 2009

## THE LAST WEEK OF SCHOOL IS HERE!

Monday thru Thursday are all 1/2 days. Students in K2-K5 will be dismissed at 11:30 and 1st-12th are dismissed at 12:00. Extended Care will be available.

### EXAM INFO

One of the biggest challenges we face during exam week involves liability. Students are coming and going throughout the exam week, so we wanted to provide you with the following information concerning exam week procedures:

- 1) If a student does not have an exam at the 7:50-9:50 time and they are on campus, they must sign out before leaving. For example, if your child does not have @ 7:50 exam and he/she is meeting friends for breakfast during that time, they need to meet at the restaurant and not on campus. If they are on campus at anytime, we are then responsible for them from a supervision standpoint.
- 2) Students will be required to remain in class for the entire exam period. They are not permitted to sign out and leave until after the exam period has ended. The reasoning behind this policy is that we do not want the students rushing through their exam. We want them to take their time and do well, as the exams count as 20% of their semester grade.
- 3) Students who do not have an exam in an elective class are not required to come to school during the exam period. They are required to sign in, however, when they do get on campus.

Thanks for your help in these matters. We hope you understand that we are not trying to be difficult. We just want to make sure we are providing sufficient supervision during this busy time and your kids are where you assume they are supposed to be. If you have any questions, please feel free to contact Mr. Duncan at ext. 211.

### INTRODUCING SCA HOODIES

We wanted to make you aware of a change we're going to be making next year concerning outerwear. We are planning to develop a bookstore on campus in which we are going to be selling SCA hooded sweatshirts. We already have one screen chosen for these, and we hope to have two others for the kids and parents to choose from for next year. We are still talking with a few companies regarding prices. We will provide more info to you in the next few weeks. There is a sample in the office for you to look at.

### EXAM SCHEDULE

Mon., May 18 – Period 1 Exam (7:50 – 9:50)  
Snack Break (9:50 – 10:05)  
Period 2 Exam (10:10 – 12:00)

Tues., May 19 – Period 4 Exam (7:50 – 9:50)  
Snack Break (9:50 – 10:05)  
Period 8 Exam (10:10 – 12:00)

Wed., May 20 – Period 5 Exam (7:50 – 9:50)  
Snack Break (9:50 – 10:05)  
Period 6 Exam (10:10 – 12:00)

Thur., May 21 – Period 3 Exam (7:50 – 9:50)  
Period 7 Exam (9:55 – 11:05)  
Cleanup and class parties (11:10 – 12:00)



### UPCOMING DATES

May 16	Fine Arts Banquet 6:00 pm
May 18-21	Exams/Half Days
May 19	K5 Graduation 7:00 pm
May 20	Elementary Awards 3rd-5th 8:30-9:45 am 1st-2nd 10:15-11:15 am
May 21	High School Graduation 7:00 pm
June 1	Summer Camp Begins



### ELEMENTARY AWARDS



Elementary Awards are Wed., May 20th. All parents are welcome to attend. 3rd thru 5th grade awards are 8:30am to 9:45am and 1st thru 2nd awards are 10:15am to 11:15am.

### LUNCH CHARGES

Students are no longer allowed to charge lunches. Please be sure to clear up any lunch charges your child may have incurred as soon as possible.

Please visit our website @ [www.SCAcrusaders.com](http://www.SCAcrusaders.com) for additional information.

**Lunch Menu**  
**May 18-May 21**

Pre-School \$2.75  
Elementary \$3.50  
Secondary \$3.75



**Monday**

Beef Stew over  
Noodles  
Roll  
Fruit  
Drink

**Tuesday**

Corn Dog  
Tator Tots  
Cookie  
Drink

**Wednesday**

Roast Beef or Ham  
& Cheese Sandwich  
Chips  
Fruit  
Drink

**Thursday**

Ham & Cheese  
Sandwich  
Chips  
Drink

**The following are  
also available  
daily:**

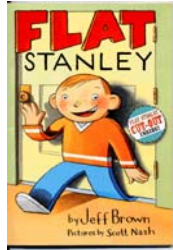
Salad

Ham &  
Cheese Sandwich,  
Chips, Dessert,  
Drink

Chicken Strip  
Wrap, Chips,  
Dessert, Drink

PBJ Uncrustable,  
Chips, Dessert,  
Drink

**LIBRARY NEWS**



Flat Stanley's adventures are winding down, and I have returned everyone's pictures to the students. We had such fun tracking Stanley on our maps as he visited 26 states and 16 foreign countries including China, Turkey, Greece, Iceland, Italy, England, Mexico, Scotland, and more. He visited schools, played in the snow, assisted on a mission trip to India, went on a cruise, helped deliver a plane . . . and the list goes on. There are several books in the *Flat Stanley* series that you may want to read with your child this summer. They include: *Stanley in Space*, *Stanley, Flat Again!* And *Invisible Stanley*.

Summer Reading – The library will be open this summer every Thursday from 10:00-1:00. Reading throughout the summer is a great way to help prepare your child for the next school year. If your kindergarten or elementary child would like to participate in our summer reading incentive, we are asking them to read at least 6 age appropriate books, fill out a "report form" for each book (available in the library) and keep the forms in an inexpensive 3-prong folder. The folders will be turned in to the library the first week of the new school year. Small prizes and awards will be given to all students who complete at least 6 forms, with an extra prize awarded to the one who reads the most. While this incentive does not apply to middle and high school students, we are encouraging students of all ages to do some extra reading this summer. The A.C.S.I. suggested reading list can be found on the school website under library, and has books listed for all ages. **SUMMER IS GREAT FOR SPENDING SOME RELAXING TIME READING TO AND WITH YOUR CHILD. THIS CAN BE MEMORABLE QUALITY TIME, NO MATTER WHAT YOUR CHILD'S AGE. MAKE IT SPECIAL AND "JUST READ."**

Please continue to collect your Box Tops for Education and your Campbell's Soup labels throughout the summer. These can be dropped off at the office or library, or saved until the new school year. The money we receive from these helps with our library needs.

Happy Summer, Happy Reading!!

Thank you for another successful year of reading at SCA!!

**STUDENT INFORMATION UPDATE**

Please find the attached Student Information Update. If you have not yet filled out this form and turned it in, please do so immediately. This is extremely important as we will be updating our database over the summer months. You may also find this form online under this newsletter. Please turn in the form either to the front office or email it to Amber Varney at [avarney@scacrusaders.com](mailto:avarney@scacrusaders.com). If you are unsure of whether or not your form has been turned in, or have any other questions or concerns, please contact Amber. Thanks in advance!

**THANKS TO SCA PARENTS**



Our thanks to you for helping to make Teacher Appreciation Week a special time for honoring our teachers. Your generous donations made it possible to provide treats in the teacher's lounge and drawings for special giveaways everyday last week.

Plus the teachers were blessed with notes of appreciation, acts of service, and gifts from their students and parents. Everyone working together made for a great week!

Thanks again for all your help!

Ronda Poe  
Linda Prentice  
Teacher Appreciation Week Coordinators

**CHAMPS MEETING**

There will be a CHAMPS meeting next Monday at 6:30pm in the cafeteria. The meeting will be followed by a briefing for those interested in being on the Football Committee.

**ACCOUNTS CLEARED BEFORE  
REPORT CARDS  
RELEASED OR EXAMS TAKEN**

All school accounts (library, lunch, tuition, sports fees etc...) must be cleared before report cards can be released or exams can be taken. If you have any questions on amounts due, please contact Gloria @ [gguy@scacrusaders.com](mailto:gguy@scacrusaders.com) or 626-0001 ext. 220.

# 2009 SCA Summer Sports Calendar

*All baseball and softball players must turn their uniforms in to Mr. Holmes before they will be allowed to take Final Exams*

**Volleyball-** Practices Monday and Friday 7:00-8:30pm starting June 1; SCA Volleyball Camp July 27-30 9:00-4:00

**Cross Country-** Practices Monday, Tuesday, Thursday, Friday, and select Saturdays starting June 1 7:00-8:30am with Weight Training immediately to follow

**Girls Soccer-** June 22-25, Ages 6th-12th Grade-1:00pm-4:00pm-\$80.00 (includes camp shirt)

**Little Crusaders Soccer Camp-** June 22-25-Ages 7-12- 9:00-11:45-Cost \$80.00

**Boys Basketball-** SEBA Summer League select weeknights in June; Varsity Boys Skills Camp (6<sup>th</sup>-rising Seniors) June 29-July 2 9:00-3:00; SCA Summer Shootout June 11 and 12

**Girls Basketball-** Practices May 26, June 2, 9, 16, July 7 6:00-8:00pm; June 12 and 13 University of Tampa Team Camp; June 18-20 Nature Coast Tech High School Shootout; July 11 Florida Southern Team Camp

**Cheerleading-** Little Crusaders Cheerleading Camp June 1<sup>st</sup>- 4<sup>th</sup> 9:00-11:00am; CCA Cheerleading Camp June 15-18

**Softball- Practices:** May 26 4:00-5:30; May 28 6:00-8:00; June 16 4:00-5:30; June 23 6:00-8:00; July 7 6:00-8:00; Camps- June 3 and 4 9:00-12:00 and July 15 and 16 9:00-12:30

**Baseball-** Practices June 1, 15, July 13, August 3, 10 9:00-10:30

**SUMMER WEIGHT TRAINING SCHEDULE** (BEGINS JUNE 8 and goes through July 31) There will be no weight training the week of June 28. Every Monday, Tuesday, and Thursday 8:30-10:15 and 1:00-2:45

**SCA VOLLEYBALL CAMP JULY 27-30-**SCA Volleyball will be hosting a camp run by current University of South Florida Volleyball players for all girls trying out for JV and Varsity Volleyball this fall. The camp will be run by Marcela Gurgel, who was named to the All-Big East First team the past 2 years, and also was an Honorable Mention All-American last year. She also played as a member of the 2003 Brazilian Junior National Team. She will be assisted by Rachel Matos (libero) and Jarka Havlickova (outside hitter) on the USF Volleyball team. The camp will run from 9:00-4:00daily. Lunch will be provided. Cost will be \$115 for the week. All Girls interested in playing on the SCA JV or Varsity Volleyball teams should attend. Brochures will be distributed, and will be available in the school office or Mr. Holmes office this week.



## BOYS BASKETBALL SKILLS CAMP JUNE 29 – JULY 2

All boys in 6<sup>th</sup> thru 11<sup>th</sup> grade who are planning to play basketball next year are expected to attend our 4<sup>th</sup> annual Boys Skills Camp at SCA on June 29 – July 2. The camp will go from Monday thru Thursday from 9-3. The cost is \$100 per player. If you have any questions, please contact Mr. Duncan.

## ADVANCED TRAINING FOR SCA ATHLETES

This summer, Coach Lewis will be making available to SCA athletes some advanced instruction in strength, speed, and athletic performance. Both boys and girls are welcome to sign up. Two groups of athletes will be taught three days per week for a total of seven weeks. Each group will consist of six athletes and the sessions will be 90 minutes in length. A small portion of one workout per week will be spent talking about nutrition, dietary supplements, rest, sleep, and “athletic wellness.” It is recommended that in order to maximize the training effect and potential results that each participant commits to at least four consecutive weeks of instruction. These training sessions are not the same as the general strength training program that we conduct in the summer.

Think of this advanced work as “personal training but on a small-group level. The cost for this instruction will be \$60 per week per athlete, payable in advance each Thursday for the upcoming week. Please see the schedule below for dates of instruction and daily times.

June 8,9,11,15,16,18,22,23,25 & July 6,7,9,13,14,16,20,21,23,27,28,30

Morning session of 6 athletes: 10:30-12:00

Afternoon session of 6 athletes: 3:15-4:45



### Features of the Advanced Training Program:

- Individualized instruction with a more intensified focus
- Personal evaluation of speed, quickness, agility, flexibility, vertical jump and endurance
- Instruction on how to “maintain” what is acquired and things to do at home
- Visiting lectures and demonstrations by local strength coaches and for student athletes of Coach Lewis
- An in-depth look at nutritional supplements, what to avoid, and what to concentrate on regarding diet

Please go to [SCAcrusaders.com](http://SCAcrusaders.com) for more info on Coach Lewis and his career.

# **INFORMATION FROM THE GUIDANCE OFFICE**

**Congratulations to Elisa Price** She has been awarded the **Wendy's Heisman Award for Seffner Christian Academy and also named as a Hispanic Academic All-Star for the Tampa Bay Area.**

## **Advanced Placement Testing at SCA is Complete**

All students in the AP courses have completed their AP exams for the 2008-09 school year. Scores will be mailed to their homes by third week in July. If your student is planning on taking an AP course next year, please place these dates on your calendar. All AP students at SCA must take the AP exam in order to receive credit for the course.

**AP English Language & Comp**- May 12, 2010 (8:00 am – 11:00 am)

**AP Psychology**- May 11, 2010 (12:00 pm – 4:00 pm)

**AP US History**- May 7, 2010 (8:00 am – 11:00 am)

## **HIGH SCHOOL STUDENT TRANSCRIPT REQUESTS:**

If your student needs a copy of his/her transcript during the summer, please visit [www.scacrusaders.com](http://www.scacrusaders.com) and click on "Transcript Request Form" under the "Quick Links" section on the homepage. This will allow you to download the transcript request form. Please complete and mail, fax, or drop off the request to the school. Transcripts can not be released without the student or parent signature according to federal law. The transcript request forms are also available in the front office, guidance office, and academic dean's office. It may take up 3-5 days to process a transcript during the summer, so please plan accordingly. This form may not be used for elementary or middle school grades. Please contact Ms. Treen in the records office for Elementary and Middle School grades.

All seniors' final transcripts will be sent to the college of their choice two weeks after graduation. Mrs. Everitt will have all seniors complete the transcript request form before they leave SCA.

## **PARENTING TIPS:**

*From the Biblical Parenting Organization: [www.biblicalparenting.org](http://www.biblicalparenting.org)*

### **Use Open-Ended Questions**

Open-ended questions are great tools for teaching children how to think and for getting quiet kids to talk more. An open-ended question is one that requires a longer answer than "yes," "no," or "I don't know."

"What seems to be the matter?" "What are you going to do about it?" "Why is this happening?" When children respond with "I don't know," be careful about launching into a lecture. Lectures can hinder the process of discovery.

Rachel's mom may see her withdraw from the other children and say, "Rachel, it looks like you're having a problem. Come tell me about it." Each child handles frustration differently. Some children will come to parents to solve their problems. Others will just live with the frustration of having them unsolved. Either way, asking open-ended questions can help to move children through a problem-solving process.

If you see your child struggling with a friend, you may say, "Is everything alright?" If Bobby comes to you, reporting that he can't find his boots, you might ask, "When did you have them last?" Or if Kelly complains that she has nothing to do, you could ask, "What kinds of things do you like to do?"

The goal is to get children thinking for themselves, not just wallowing in the problem or bringing it to you for you to solve. The child who has math homework but left the math book at school, you might say, "Wow, that's a problem. What are you going to do?" Or, "Yes, you have a problem. What are you going to do about it?"