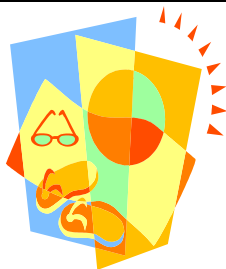




# The Crusader Connection

April 3, 2009



## Spring Break is Here! April 6-10

*Extended Care will be open Monday, April 6th thru Thursday, April 9. April 10th is Good Friday therefore extended care will be closed. Please remember to send a lunch with your child each day as the lunch will not be available.*

### SCA HOOPFEST- RESCHEDULED FOR APRIL 18

We wanted to make sure you are aware of a special event we are planning for Saturday, April 18. It's a first time event called "Hoopfest". It involves hosting a 3-on-3 basketball tournament. The cost for teams to participate is \$20 per player. We are hoping to have divisions for middle school boys, high school boys and girls, and an adult division. To reach this goal, however, we need your help. Can you help us get the word out to those in your community? We need to inform churches, YMCA's, public school coaches and players, and many others. There are registration forms available in the school office, and there is a new website containing more information [scahoopfest.com](http://scahoopfest.com).

We will be having some family- friendly activities as well. We hope to have some bouncies for the kids, informational booths, performances by some of the Fine Arts groups, etc. We are looking forward to an exciting day of competition and fellowship. If you would like to volunteer to help us in anyway with this activity, there are a number of different ways you can do so. For more information, contact Mr. Duncan or Jim Lucier at [sachamps@yahoo.com](mailto:sachamps@yahoo.com)

**This event is for all school families to come and enjoy and day of fun, food and fellowship**

### LITTLE CRUSADER TEAM ASSIGNMENTS AND GAME SCHEDULE

#### Pistons (K-4/K-5)

Brent Fearnow  
Nicholas Scott  
Jahleh Scott  
Evan Coleman

#### Knicks (K-4/K-5)

Bryce Canterbury  
Matthew Rocka  
Christina Vorster  
Hannah Bowers  
Madison Bowers

#### Bulls (1st/2nd)

Beau Frazier  
Jonathan Roberts  
Lillie Lewis  
Brant Wenger  
Shad Stevens

#### Sonics (1st/2nd)

Christian Helms  
Haela Treen  
Ashlynn Canterbury  
Brendon McDonald  
Daniel Schilling  
Trevor Langston



#### Lakers (3rd-5th)

Sarel Vorster  
Connor Duncan  
Logan Duncan  
Victoria Hunt  
Cayla Sayne  
Jamie Smith

#### Magic (3rd-5th)

Luke Tremble  
Clayton Shiver  
J.D. Duke  
Kayla Meija  
Jordan Coker  
Dylan Ramirez  
Josh Duke

**Please note that Pistons, Knicks, Bulls and Sonics will play every assigned date at 3:15 – 3:50. Lakers and Magic will play at 3:55 – 4:30. Game dates are March 31, April 2, April 14, April 16, April 28 and April 30.**

**If you have any questions, please contact Mr. Duncan.**

**Please visit our website @ [www.SCAcrusaders.com](http://www.SCAcrusaders.com) for additional information.**

**Lunch Menu**  
**April 13-April 17**

Pre-School \$2.75  
 Elementary \$3.50  
 Secondary \$3.75



**Monday**

Chicken Strips  
 Roasted Potatoes  
 Corn  
 Fruit  
 Drink

**Tuesday**

Mac & Cheese  
 Peas  
 Roll  
 Fruit  
 Drink

**Wednesday**

Salisbury Steak  
 Whipped Potatoes  
 Green Beans  
 Fruit  
 Drink

**Thursday**

Spaghetti  
 Salad  
 Roll  
 Fruit  
 Drink

**Friday**

Pizza  
 Chips  
 Ice Cream  
 Drink

**The following are  
 also available  
 daily:**

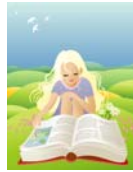
Salad

Turkey or Ham &  
 Cheese Sandwich,  
 Chips, Dessert,  
 Drink

Chicken Wrap,  
 Chips,  
 Dessert, Drink

PBJ Uncrustable,

**LIBRARY NEWS**



Calling all parents and grand-  
 parents of elementary stu-  
 dents! I need lots of help for  
 our annual AR party. If you  
 can help, please let me know as soon as  
 possible. Here are the facts:

What: AR party  
 Where: Gym  
 When: Thursday, April 23<sup>rd</sup>, 12:00-  
 2:30. (I would need you here no  
 later than 11:45 a.m.)

I will need help with snow cones, popcorn,  
 ice cream sundaes, face-painting, games  
 and inflatables, and helping students cross  
 the parking lot. Please call me at 626-0001  
 x 229 or email me at  
[jsimpson@scacrusaders.com](mailto:jsimpson@scacrusaders.com).

Looking forward to hearing from you!

**UPCOMING DATES**

April 6-10	Spring Break
April 17	Writing Showcase
April 21	Mid Quarter Report Issued/ Senior Guidance Meeting
April 23	AR Party
April 24	Mid Quarter Reports Due/ Olympics
April 29	National Honor Society Induction
May 1	FFWBC State Competition
May 5	Brand Program @ 7:00 pm
May 6	Senior Chapel
May 7	1st & 2nd Grade Program
May 13	Secondary Awards Chapel
May 18-21	Exams
May 19	K5 Graduation
May 20	Elementary Awards
May 21	High School Graduation



**CONGRATULATIONS TO THE FOLLOWING ELEMENTARY STUDENTS  
 FOR THEIR OUTSTANDING ACHEIVEMENT  
 DURING THE THIRD NINE WEEKS**

**Elementary Principals Honor Roll:**

Bryan Bouilly, Jessica Chapa, Shianna Humphreys, Miriam Huff, Jayda Messick, Brooke Murdock, Abigail Phillips, Kylie Sansbury, Brianna Sutton, Madison Wright, Jesse Evans, Beau Frazier, Jacob Rogers, Francesca Alata, Cadence Beauchamp, Carley Cates, Madison Dyal, Seth Oberting, AnnaMarie Smith, Christian Vorster, Addison Brady, Emily Gonzalez, Patrick Kohel, Jonathan Roberts, Joniah Cannon, Grace Hays, Phillip Motsinger, Anai Peterson, Desiree Scott, Riley Skiles, Mollie Badenhorst, Kyla Carter, Maddison Farr, Jenna Hall, Caleb Laloma, Aysia Anderson, Peyton Cherry, Parker Phillips, Ashton Scarpo, Erica Stahl, Sarah Telese, Jacob Bouilly, Alyssa Brady, Ashlynn Canterbury, Kate-lynn Chillura, Christian Helms, Lillie Lewis, Kara McMichen, Daniel Schilling, Haela Treen, Dominique Ball, Logan Duncan, Olivia Frazier, Raelyn Hudson, Heather Perry, Brant Wenger, Jade Barta, Angelica Rosario, Jesulene Severe, Morgan Soddors, Jens Abraham, Winton Artz, Chadd Brown, Madison Cates, Zane Richardson, Emily Roberts, Krista Trimble, Olivia Veach, Addison Bouilly, Meghan Duncan, Carlos Sanchez, Marnelli Tan, Cheyenne Wright, Hayleigh Blaszyk, Delanie Brady, Adriana Dean, Breanna Ratcliffe, Meghan Soddors, Chris Willman, Mariah Grossman, Matthew Moclair, Rachel Poe, Katie Ross, David Wright, Amanda Grossman, Michaela Roosen

**Elementary A Honor Roll:**

Hailey Hampton, Madeline Flint, Brooke Means, Josh Abraham, Ethan Powell, Lane Etheridge, Ashley Sodon, Cayla Sayne, Andrew Baker, Connor Duncan, Sydney Szczniakowski, Daniel Belton



**ATTENTION K5 THRU 3RD GRADE BOYS**

Boys in K5-3<sup>rd</sup> grade may start wearing shorts again. As per our school policy, they can be worn during the months of April and May.

# SCA ATHLETIC SCHEDULES & INFORMATION

## VARSITY SOFTBALL

### Friday, April 3

Seven Rivers CS 6:00

### Monday, April 6

@ Citrus Park CS 3:30

### Tuesday, April 7

Santa Fe Catholic 4:30

### Thursday, April 9

@ Cambridge Christian 4:00

### Monday, April 13

Citrus Park Christian 4:30

### Thursday April 16

Hernando Christian Academy 4:30

### Friday, April 17

Indian Rocks CS 4:30



## VARSITY BASEBALL

### Friday, April 3

Calvary Christian 4:30

### Monday, April 13

Citrus Park Christian 4:30

### Thursday, April 16

Hernando Christian Academy 4:30

### Tuesday, April 21

Tampa Bay Christian 4:30



## ADVANCED TRAINING FOR SCA ATHLETES

This summer, Coach Lewis will be making available to SCA athletes some advanced instruction in strength, speed, and athletic performance. Both boys and girls are welcome to sign up. Two groups of athletes will be taught three days per week for a total of seven weeks. Each group will consist of six athletes and the sessions will be 90 minutes in length. A small portion of one workout per week will be spent talking about nutrition, dietary supplements, rest, sleep, and "athletic wellness." It is recommended that in order to maximize the training effect and potential results that each participant commits to at least four consecutive weeks of instruction. These training sessions are not the same as the general strength training program that we conduct in the summer. Think of this advanced work as "personal training but on a small-group level. The cost for this instruction will be \$60 per week per athlete, payable in advance each Thursday for the upcoming week. Please see the schedule below for dates of instruction and daily times.

June 8,9,11,15,16,18,22,23,25 & July 6,7,9,13,14,16,20,21,23,27,28,30

Morning session of 6 athletes: 10:30-12:00

Afternoon session of 6 athletes: 3:15-4:45



### Features of the Advanced Training Program:

- Individualized instruction with a more intensified focus
- Personal evaluation of speed, quickness, agility, flexibility, vertical jump and endurance
- Instruction on how to "maintain" what is acquired and things to do at home
- Visiting lectures and demonstrations by local strength coaches and for student athletes of Coach Lewis
- An in-depth look at nutritional supplements, what to avoid, and what to concentrate on regarding diet

Please go to [SCAcrusaders.com](http://SCAcrusaders.com) for more info on Coach Lewis and his career.

## The SCA Athletic Department would like to welcome Todd Wiseman as the new Varsity Volleyball Coach for the 2009-10 school year.

Todd Wiseman is a certified coach through SDHC. Coach Wiseman comes to Seffner Christian Academy with over 25 years of coaching experience. He has held head coaching positions in womens volleyball, men and womens track, soccer, and basketball. Coach Wiseman has also held numerous assistant coaching positions in all of the above sports, as well as wrestling and football. Schools and organizations include: Western HS (Ft. Lauderdale), Temple Heights and Riverhills Christian Schools, Freedom HS, the YMCA, and numerous other schools. Coach Wiseman stands firmly on the notion that bringing the best out in each athlete develops the best teams.

*We would also like to announce that Mr. Kyle Bingham will be the new JV Volleyball Coach for the 2009-10 school year.*

# **INFORMATION FROM THE GUIDANCE OFFICE**

## **Congratulations Class of 2009!**

**Valedictorian:** Daniel LoCicero

**Salutarian:** Jenny Moorer

## **Congratulations, Will Swartz!**

He has been accepted at the University of Central Florida.

## **Congratulations, Jordan Bolton**

He has been accepted at Palm Beach Atlantic University.

## **Congratulations, Hannah Walker!**

She has been accepted at Southeastern University.

## **Summer Opportunities for High School Students:**

### **Summer Driver Education Course @ Plant City High School**

- June 8 - June 23 2009 (Mon - Thurs 1:00 pm - 5:00 pm)
- 15 years old and older
- must have learner's permit prior to first day of class
- Cost: \$250.00
- Registration dates: April 14- May 18 5:30 pm - 8:00pm
- Upon completion of the course, students will earn a waiver to obtain an operator's license from the DMV
- Call Plant City Adult and Community School for more info. 813-707-7147
- Informational flyers available outside the guidance office

**Scholarship Corner: Tampa Tribune Honor Roll Scholarship for Seniors- is due on April 10<sup>th</sup>. Information was passed out to all qualified seniors last week. Please see Mrs. Everitt with any questions.**

## **PARENTING TIPS:**

From the Biblical Parenting Organization: [www.biblicalparenting.org](http://www.biblicalparenting.org)

### **Some Helpful Working Definitions**

We want to be practical with children. That means that we give specific instructions about what we want them to do, not just what they shouldn't do. One way to be practical as we help children develop character is to use working definitions. We use these a lot in our counseling to help children understand life more. Here are some examples, but you can be creative and think of many more.

Obedience is doing what someone says, right away, without being reminded.

Honor is treating people as special, doing more than what's expected, and having a good attitude.

Perseverance is hanging in there even after you feel like quitting.

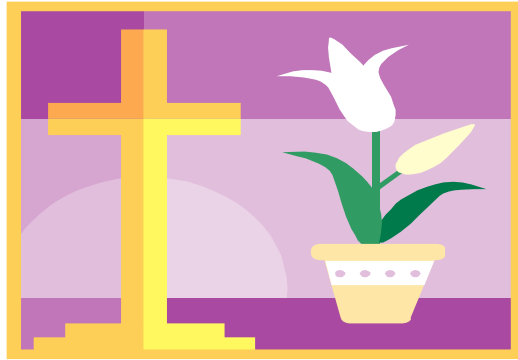
Attentiveness is showing people you love them by looking at them when they say their words.

Patience is waiting with a happy heart.

Self-discipline is putting off present rewards for future benefits.

Gratefulness is being thankful for the things I have instead of grumbling about the things I don't have.

You don't have to use them all. Just choose the one that your child needs right now and teach how to put that character quality into practice. Put definitions up around the house. This is a very positive way to give kids a vision for what you want.



## SPRING BREAK IS HERE!

School is closed next week (April 6-9) for Spring Break. Extended Care will be available Monday-Thursday from 6:30 am-6:00 pm. If your child does not stay in Extended Care on a regular basis, the daily fee is \$25.00. **All students must bring in a lunch and a drink from home. School lunch will not be available.** Students may bring games from home, but **all items must have their names on them and are the responsibility of the student.** *No Pokemon, Zelda, Dragon Ball Z, Yugio, Harry Potter, I pods, or personal DVD players.* Students do not have to wear uniforms; however, clothing must be appropriate. Students should be dropped off at the preschool building before 7:30 am. Children in K5 and up should be dropped off in the cafeteria if arriving after 7:30 am. Car pick-up will start at 2:00 pm. Feel free to contact the school with any questions you may have. Hope to see you over the break!