



# The Crusader Connection

April 24, 2009

## SCA SUMMER CAMP



Summer Camp is fast approaching and there are limited spaces available. Registration for Summer Camp is separate from registration for next school year. Don't miss out, there are a lot of exciting activities planned. Please go to [SCAcrusaders.com](http://SCAcrusaders.com) to see a calendar of activities and download camp registration forms. This information is also available at the school office. If you need any additional information please call 626-0001 ext 228 or email [rweaver@scacrusaders.com](mailto:rweaver@scacrusaders.com). Don't miss out on a fun filled summer.

## SPORTS AWARDS BANQUET

Tickets for this year's Sports Awards Banquet are now on sale. This year's banquet is Saturday, May 2 at 5:30 p.m. in the school gymnasium. Outback will cater the event which will include, Hamburgers, Chicken Sandwiches, Potato Salad, Macaroni Salad, Chips and Aussie Cookies. Tickets are \$10.00, and can be purchased in the school office. This year's banquet is for all athletes who have participated in a JUNIOR VARSITY or VARSITY sport. For more information call Coach Holmes at 626-0001 ext. 225.

## *Teacher Appreciation Week is May 4th-8th*

### UPCOMING DATES

April 24	Mid Quarter Reports Due/ Math Olympics
April 29	National Honor Society Induction
May 1	FFWBC State Competition
May 5	Brand Program @ 7:00 pm
May 6	Senior Chapel
May 7	1st & 2nd Grade Program
May 13	Secondary Awards Chapel
May 18-21	Exams
May 19	K5 Graduation
May 20	Elementary Awards
May 21	High School Graduation
June 1	Summer Camp Begins



### SCA ENGLISH TEACHER PUBLISHES BOOK



Mrs. Evona Frink, one of our high school English teachers, has recently published a book *Choosing Faith*. The book is the inspiring journey of Pastor and Mrs. Cliff Frink as they received a diagnosis of terminal cancer for Pastor Cliff. The book can be purchased in local Christian book stores and amazon.com. You can visit the website at [www.wechoosefaith.com](http://www.wechoosefaith.com) for more information about this inspiring book. The book is guaranteed to make you laugh, cry, and reflect upon the true meaning of Christian faith.

### 1ST ANNUAL HOOPFEST A SUCCESS!



Saturday, April 18th SCA Champs hosted it's First Annual 3 on 3 Basketball Tournament. We had over 25 teams who enjoyed good competition and a day of fun. Thanks to Jim Lucier and all the SCA Champs volunteers for all their hard work to make this day a success. We look forward to next years event.

Please visit our website @ [www.SCAcrusaders.com](http://www.SCAcrusaders.com) for additional information.

**Lunch Menu**  
**April 27-May 1**

Pre-School \$2.75  
Elementary \$3.50  
Secondary \$3.75



**Monday**

Cheeseburger  
Chips  
Fruit  
Drink

**Tuesday**

Hot Dog w/ Chili  
Cole Slaw  
Baked Beans  
Fruit  
Drink

**Wednesday**

Spaghetti  
Salad  
Roll  
Fruit  
Drink

**Thursday**

Chicken Sandwich  
Corn  
Fruit  
Drink

**Friday**

Pizza  
Chips  
Ice Cream  
Drink

**The following are  
also available  
daily:**

Salad

Ham &  
Cheese Sandwich,  
Chips, Dessert,  
Drink

Chicken Salad  
Wrap, Chips,  
Dessert, Drink

PBJ Uncrustable,  
Chips, Dessert,  
Drink

**BOOK-IT STARS**



Congratulations to the students who met their classroom goals for Pizza Hut Book-It!

**6 Months:**

Linzie Alred, Beau Frazier, Reid Stakelum, Caleb Walker, Tyson Wilson, Abigail Phillips, Brooke Murdock, Shaelyn Jones, Jacob Rogers, Anna Marie Smith, Isaiah Knowles, Victoria Blaszyk, Riley Skiles, Steven Longfellow, James Coniglio, Anai Peterson, Shad Stevens, Desiree Scott, Ajay Taylor, Phillip Motsinger, Grace Hays, Gracie Wright, Joniah Cannon, Jeffrey Jones, Josh Abraham, Aysia Anderson, Peyton Cherry, Parker Phillips, Erica Stahl, Katelynn Chillura, Jacob Heath, Adriel Lugo, Christian Helms, Daniel Schilling, Lane Etheridge, Olivia Frazier, Dakota Pope, Brant Wenger, Zane Richardson, Krista Trimble, Addison Bouilly, Austin Buchanan, Meghan Duncan, Wyatt Grant, Marnelli Tan, Hayleigh Blaszyk, Maddie Langston, Christopher Willman, Chase Cardon, Mariah Grossman, Grayson Haldane, Alexander Prochaska, David Wright, Amanda Grossman, Luke Trimble, Sarel Vorster

**5 Months:**

Francesca Alata, Cadence Beauchamp, Calvin Larkins, Christina Vorster, Kyla Carter, Ashten Scarpo, Haley Garrett, Scott Schludt, Jens Abraham, Winton Artz, Chadd Brown, Amy Daniels, Thomas Kotvas, Carlos Sanchez, Adriana Dean, Lele Flaharty, Jesse Keeton, Noel Lopez, Breanna Ratcliff, Meghan Soddors, Matthew Moclair, Jamie Smith, Timothy Farmer



**CONGRATULATIONS TO THE FOLLOWING SECONDARY STUDENTS FOR THEIR OUTSTANDING ACHIEVEMENT DURING THE THIRD NINE WEEKS**

**Principals Honor Roll:**

Brandon Carter, Abigail Galloway, Tessa Wiseman, Stephanie Clark, William Geer, William Hammontree, Luke Larsen, Zachery McCray, Andrew Touchton, Haley Traylor, Shayla Bryant, Amanda Gonzalez, Alexandra Hagel, Madison Henline, Nicci Hopps, Arielle Jadowski, Jacquelyn Krivena, Chad Loving, Mona Lisa Noble, Kelsey Schubel, Nikole Schwind, Elizabeth Greiving, Brian Kelly, Daniel LoCicero, Bianca Lopez, Jenny Moorer, Elisa Price, Courtney Welch, Jenna Rogers, Ian McCauley, Christian Ackerly, Kristine Chillura, Levi Duncan, Kasey Traylor, Devin Davis, Drew Gillett, Andrea Long, Tiffany Paul, Brittany Keller, Gianna Edmunds, Jordan DeShong, Wyatt Brown, Brianna Brandon

**A Honor Roll:**

Ryan Brushwood, Morgan Cardon, Steven Spoto, Jamie Cathcart, Pierce Dean, Marci DeShong, Jessica Harrison, Michelle Hinson, Cole Reichert, Carly Sweeney-Kohl, Joseph Baio, Elizabeth Caskey, Colin DeHate, Tia Garrett, Jessica Jordan, Alyssa Murray, Christina Veazey, Anthony Albano, Breanna Bryan, Forrest Crim, Spencer Dohrenwend, Jacob Heerdt, Joel Jenkins, Austin Parimore, Sunny Rama, William Swartz, Melissa Walters, Vania Lee, Khaina Duncan, Cameron Knight, Levi Lewis, Benjamin Gonzalez, Gabriella Laloma, Cassidy Poe, Joie-Marie Najphor, Jared Larsen, Linsey Buchanan, Alex Andrews, Simone Girard

**MEDICAL UPDATES**

All students going into 7th grade for the 2009-2010 school year will need to update their immunization records. All 7th grade students need to have the Hepatitis B series, and they will need a **Tdap** Booster. Please check with your physician to be sure that students are up to date. Students will not be allowed to start school unless immunizations are current.

Students entering K5 will need to have an updated immunization records and a new physical, also all students entering K5 & 1st grade are now required to have a 2nd chicken pox shot.

Parents you may also want to check with your physician about a new Meningitis vaccination that has been made available.

# SCA ATHLETIC SCHEDULES & INFORMATION



## VARSITY SOFTBALL

**Tuesday, April 28**

FHSAA Regional Quarterfinal 4:00  
Location TBA

**Friday, May 1**

FHSAA Regional Semifinals TBA

## VARSITY BASEBALL

**Thursday, April 30**

FHSAA District Championship vs Sonrise 5:00

**Tuesday, May 5**

FHSAA Regional Quarterfinal TBA



## ANNOUNCEMENTS FROM THE ATHLETIC DIRECTORS OFFICE

Mark Your Calendars- Sports Banquet- Saturday, May 2<sup>nd</sup> 5:30 in the Gym. All athletes must be present to receive their awards. The sports banquet is for all athletes who competed on a JV or Varsity Sports team, and their families, friends, etc. Tickets are \$10, and will go on sale Monday, April 20<sup>th</sup> in the school office. Outback will cater the event which will include, Hamburgers, Chicken Sandwiches, Potato Salad, Macaroni Salad, Chips and Aussie Cookies. For SCA athletes- guys must wear pants and a collared shirt, ladies must wear a dress or skirt with a blouse. For more information, please contact Mr. Holmes

Congratulations to the Girls Varsity Basketball team for winning the FHSAA's Academic Team Champion Award for Class 1A. The team had the highest first semester GPA of all 1A schools with Girls basketball teams with a 3.83 GPA.

### ATTENTION ALL CROSS COUNTRY RUNNERS AND PARENTS-

There will be a meeting for all students interested in running Cross Country this fall, and their parents on Tuesday, May 12<sup>th</sup> at 7:00pm in the gym

Softball District Championship- Thursday, 4/23 5:00 @ Sonrise Christian; Admission \$5

Baseball District Championship- Thursday, 4/30 5:00 @ SCA; Admission \$5

## ADVANCED TRAINING FOR SCA ATHLETES

This summer, Coach Lewis will be making available to SCA athletes some advanced instruction in strength, speed, and athletic performance. Both boys and girls are welcome to sign up. Two groups of athletes will be taught three days per week for a total of seven weeks. Each group will consist of six athletes and the sessions will be 90 minutes in length. A small portion of one workout per week will be spent talking about nutrition, dietary supplements, rest, sleep, and "athletic wellness." It is recommended that in order to maximize the training effect and potential results that each participant commits to at least four consecutive weeks of instruction. These training sessions are not the same as the general strength training program that we conduct in the summer. Think of this advanced work as "personal training but on a small-group level. The cost for this instruction will be \$60 per week per athlete, payable in advance each Thursday for the upcoming week. Please see the schedule below for dates of instruction and daily times.

June 8,9,11,15,16,18,22,23,25 & July 6,7,9,13,14,16,20,21,23,27,28,30

Morning session of 6 athletes: 10:30-12:00

Afternoon session of 6 athletes: 3:15-4:45



### Features of the Advanced Training Program:

- Individualized instruction with a more intensified focus
- Personal evaluation of speed, quickness, agility, flexibility, vertical jump and endurance
- Instruction on how to "maintain" what is acquired and things to do at home
- Visiting lectures and demonstrations by local strength coaches and for student athletes of Coach Lewis
- An in-depth look at nutritional supplements, what to avoid, and what to concentrate on regarding diet

Please go to [SCAcrusaders.com](http://SCAcrusaders.com) for more info on Coach Lewis and his career.

# **INFORMATION FROM THE GUIDANCE OFFICE**

## **CONGRATULATIONS, DYLAN COLEMAN**

He has been accepted at Southeastern University!

## **CONGRATULATIONS, JOEL JENKINS**

He has been accepted at Northland Baptist Bible College!

## **CONGRATULATIONS, SPENCER DOHRENWEND**

He has been accepted at Florida College!

## **CONGRATULATIONS, NICK MARQUEZ**

He has been accepted at Southeastern University!

### **Summer Opportunities for High School Students:**

#### **Summer Camps and Programs**

Mrs. Everitt has a list of summer camps and programs for High school and middle school students. If you are interested, please stop by the guidance office.

#### **Summer Driver Education Course @ Plant City High School**

- June 8 - June 23 2009 (Mon - Thurs 1:00 pm - 5:00 pm)
- 15 years old and older
- must have learner's permit prior to first day of class
- Cost: \$250. 00
- Registration dates: April 14- May 18 5:30 pm - 8:00pm
- Upon completion of the course, students will earn a waiver to obtain an operator's license from the DMV
- Call Plant City Adult and Community School for more info. 813-707-7147
- Informational flyers available outside the guidance office

#### **Scholarship Corner: None this week.**

### **PARENTING TIPS:**

From the Biblical Parenting Organization: [www.biblicalparenting.org](http://www.biblicalparenting.org)

#### **It's not complete without...**

Discipline has some similarities to working on a craft. How many times have you started a project but left it unfinished? You could spend a lot of time painting a picture or doing some needlework but you won't be able to fully enjoy it until it's framed and hung on a wall.

Discipline needs to be framed, finished off and completed with a Positive Conclusion. It's not enough to just give a consequence and think you're done. Some parents feel like they've fulfilled their responsibility or done their duty by simply sending children to their rooms or taking away a privilege.

Unfortunately, there is often tension left in the relationship, the child may walk away angry, children may feel guilty, or true repentance may not have taken place. This leaves room for anger or even bitterness to linger. The child may plan revenge. "I'll show you. I just won't talk to you. You'll be sorry then." Day after day, year after year, these tensions grow into layers and layers of walls between you and your child.

A Positive Conclusion is a discussion you have with your child after the consequence has been given. It helps children understand what they did wrong, why it was wrong and what they can do differently next time. The Positive Conclusion is a reaffirmation of the relationship and a confidence that the child can do better. The Positive Conclusion is so important you should use it to end every discipline situation.

God had a Positive Conclusion with Adam and Eve. He gave the consequence, sending them out of the garden, but he then made clothes for them and gave them a hopeful promise of the future. We can do the same thing for our children by giving them a hope and a plan for the next time they are in the same situation that caused the problem.

This idea was taken from the book, [Home Improvement. The Parenting Book You Can Read to Your Kids](#), by Dr. Scott Turansky and Joanne Miller, RN, BSN.